



Alpine Dermatology Associates, P.L.L.C.

RASH HISTORY FORM

PATIENT

NAME: _____ DATE: _____

1. Please describe the problem you are having with your skin: _____

2. Where on your body are you having problems (e.g. face, legs, arms, trunk, etc)? _____

3. Where on your body did the rash start? _____
4. How long have you had your present rash? _____
5. Is the rash spreading? ____YES ____NO If yes, please describe: _____

6. What is your occupation? _____
7. Please describe how you bathe:
 - a. Do you take a shower or a bath? _____
 - b. How often do you bathe? _____
 - c. Do you use hot, warm, or cool water? _____
 - d. How long are your showers/baths (minutes)? _____
 - e. What is the name of the soap/cleaner you use in the shower/bath? _____
 - f. What is the name of the lotion/oil/cream you use on your skin? _____
8. Does anything make your skin better? ____YES ____NO If yes, please describe. _____

9. Does anything make your skin worse? ____YES ____NO If yes, please describe. _____

10. Have you had a similar problem with your skin in the past? ____YES ____NO If yes, please describe. _____

11. Please CIRCLE any of the following symptoms you are experiencing:

ITCHING BURNING PAIN BLISTERS SCALING DRYNESS
CRACKS IN THE SKIN WEEPING OOZING CRUSTING

12. Are you treating this skin problem? ____YES ____NO If yes, please list the things you are doing (e.g. special lotions, soaps, medications, prescription products, over-the-counter products, herbal remedies, etc.)

13. Is there anything else you are doing to treat this problem? ____YES ____NO If yes, please describe.

14. Do you have a history of problems with asthma, hay fever, allergies, eczema, or other skin rashes? ____YES ____NO If yes, please describe.

15. What do you think may be causing this problem? (Detergent, perfumes, stress, etc.)

Thank you very much for taking the time to complete this questionnaire regarding your skin problem. This will assist me in diagnosing and treating your skin condition.

Sincerely,

Darnell L. Martin-Wimmer, M.D.